

School of Physical Education and Tourism Management
Highlights for 2012-13

Teaching and learning

- **Ms. Susan Alvarez** created a unique partnership with Ivy Tech Hospitality Administration program whereby Catering Lab students worked in concert with Ivy Tech students in the execution and delivery of meals at the new Courses restaurant (formerly the Stouffer's Hotel) which is owned and operated by Ivy Tech.
- **Dr. Lisa Angermeier** chaired the inaugural IUPUI First Year Seminar (FYS) Exchange. This exchange was created to allow instructors of FYS to identify challenges facing entering students and challenges with teaching the first-year seminar, then develop strategies for addressing these challenges. This community also served as a forum for participants to share successful curricular innovations and exchange pedagogical strategies for teaching the first-year seminar.
- **Dr. Lisa Angermeier** led a Central Indiana Team's (including **Dr. Mark Urtel**) participation in the 2013 Advanced Academy sponsored by the U.S. Centers for Disease Control and Prevention, School Health Branch and the American Cancer Society in Atlanta, GA. This Academy brought together 15-20 teams from across the nation to support both school health education and physical education.
- **Ms. Nancy Barton** and **Ms. Susan Alvarez** participated in a Faculty Learning Community (FLC) for developing a *flipped classroom*.
- **Dr. Jay Gladden's** capstone Sport Management Consulting class completed projects on the development of the Grand Park at Westfield Indiana. The Park, slated to open in 2014, will have 32 soccer/lacrosse fields and 28 baseball softball fields. Student teams developed recommendations related to attracting visitors and ensuring an excellent experience when attending a tournament at the park.
- **Dr. Sotiris Hji-Avgoustis**, in partnership with Dawn Whitehead, employed new technology tools that allowed students at [Indiana University-Purdue University Indianapolis](#) and the University of Primorska in Slovenia to take a twice-a-week class together. The eight-week class was an integrator course for majors in the IU School of Liberal Arts at IUPUI. The advanced course, which focused on the development and promotion of tourism in an urban setting, addressed the integration of knowledge across disciplines and international boundaries.
- **Dr. Sotiris Hji-Avgoustis'** students in a capstone tourism course developed new business ideas for the Near Westside of Indianapolis in collaboration with the Westside Community Development Corporation.

- **Drs. Jake Streepey and Mark Urtel** were awarded a Curriculum Enhancement Grant (CEG) to transform a face-to-face course into a hybrid course. This course will use tablets and mobile technology to capture, analyze, and disseminate data for Kinesiology-related disciplines.
- **Dr. Rachel Swinford** was named the Faculty Academic Advisor of the Year by the Jaguar Academic Advising Association. This marked the second consecutive year that a School of Physical Education and Tourism Management faculty member was selected to receive this award (**Mr. Jay Bradley** was the recipient in 2012).
- **Ms. Amy Vaughan** revamped the Internship program in Tourism, Conventions and Event Management by creating strategic partnerships with more than 70 tourism industry organizations. Ms. Vaughan drew on her extensive list of contacts from her time as the Director of the Office of Tourism Development for the State of Indiana, and as the Executive Director of the Hamilton County

Research, scholarship, and creative activity

- **The School of Physical Education and Tourism Management** generated \$249,851 in research grant and contract funding.
- **Dr. Amanda Cecil**, in partnership with Visit Indy (formerly the Indianapolis Convention and Visitors Association), rolled out a new version of the Super Service training program that was successful in preparing hospitality employees to serve out of town guests in conjunction with the 2012 Super Bowl in Indianapolis. Through this five-module, free online training program, hospitality employees and volunteers throughout Central Indiana can officially become certified, essentially formalizing “Hoosier Hospitality”. The program is offered in English and Spanish and can be accessed at www.SuperServiceTraining.com/VisitIndy.
 - The Super Service program was also extended on an individual destination. The Indiana State Fairgrounds, Visit Kokomo, and Visit Madison all contracted with Visit Indy and IUPUI to create a specifically tailored Super Service program for their organization.
 - Overall, through this involvement and partnership with Visit Indy, Dr. Cecil generated \$31,782 in research contract funding.
- **Dr. Amanda Cecil** received \$85,213 from the Global Business Travel Association (GBTA) for her work developing educational programs for the 5,000-plus member association.
- **Dr. Jinmoo Heo** was inducted as a Fellow in the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Research Consortium. Attainment of

Fellow status is one of the most prestigious honors bestowed by the consortium, and is based on evidence of excellent scholarship contributions.

- **Dr. NiCole Keith** received \$125,015 from the National Institutes of Health (K01 Grant) to assist in the creation of a self-reported fitness survey.
- **Drs. Carina King, Jinmoo Heo and Mark Urtel** received a grant from the American Alliance of Health, Physical Education, Recreation and Dance to study the well-being of physically active older adults.
- **The Department of Kinesiology** developed the Center for Physical Activity in Wellness and Prevention to focus on the role of sports, exercise and play in achieving positive health outcomes. **Dr. Steve McKenzie** was appointed Coordinator of the Center.

Civic engagement

- During the 2012-13 academic year, more than 250 **Kinesiology** students participated in the operation of the Fitness Zone at the Chase Near East Side Legacy Center. The Center was built and developed to serve as a legacy from the 2012 Super Bowl in Indianapolis. Since the facility opened, the Fitness Zone (“Powered by IUPUI”) has served nearly 4,500 people and currently serves 1,028 members. Other specifics regarding PETM’s involvement during the 2012-2013 academic year include:
 - Eight PETM faculty across six different classes utilized the Chase Near East Side Legacy Center as a service learning site
 - The operations of the Fitness Zone were supervised by one faculty member (**Ms. Allison Plopper**), 10 Service Learning Assistants, and 3 interns
 - The Center has also served as a research lab. Research concluded in 2012 demonstrated positive results on member health. Members that attended the Fitness Zone more than 2 days per month demonstrated improvements in blood pressure, resting heart rate, lower body strength and endurance, upper body strength and endurance, and cardiovascular endurance. 67% of members surveyed had household incomes of \$40,000 or less.
- **Dr. Rafael Bahamonde, Dr. Jay Gladden** and student **Larry Jinkins** partnered with the American College of Sports Medicine (ACSM) on the Sports Innovation Forum held May 28, 2013 at the offices of the NCAA. The forum served to introduce the concept of innovation in sports and demonstrate examples of innovative practices in the Indianapolis area.
- **Drs. Sotiris Hji-Avgoustis and Brian Culp** worked with the Office of International Affairs, Moi University and Athletics Kenya to develop the MUKESCO Peace Run that will occur on September 28, 2013. The goal of the peace race is to bring together nine teams that

mix members of nine villages surrounding Moi University in Eldoret with university students and Kenyan community members of multiple tribes, religious faiths and cultures, and international representatives. Each team will have about 200 participants, who will run races of varying lengths.

- Student **Jordan McIntire** was selected to receive the William M. Plater Civic Engagement Medallion for demonstrating exemplary commitment to her community.
- **Dr. Rachel Swinford's** Live Laugh Dance Group was invited to perform at the Indianapolis Buddy Walk on October, 13, 2012
- **Ms. Sandy Barnett** led the PETM effort toward United Way giving and participation.

Diversity

- **Dr. Brian Culp** was awarded the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) Social Justice and Young Professionals Award.
- **Dr. NiCole Keith** was the Chair of the Diversity Action Committee of the American College of Sports Medicine.

Best Practices

- The **Department of Tourism, Conventions and Event Management** approved a wholesale revision to its undergraduate curriculum. Starting in the Fall of 2013, the curriculum will focus on Event Tourism, with an equal focus on tourism, hospitality and events. The revision was based on the results of a Curriculum Enhancement Grant which included interviews students, alumni, and industry executives in an effort to develop the best possible curriculum.
- **Dr. Tony Kaleth** was the lead author on a study entitled "Moderate-vigorous physical activity improves long-term clinical outcomes without worsening pain in fibromyalgia" was published in *Arthritis Care & Research*. The study, which documented the positive impact of exercise for patients with fibromyalgia was widely cited, including articles by Reuters (<http://www.reuters.com/article/2013/03/28/us-exercise-fibromyalgia-idUSBRE92ROOH20130328>)
- **Dr. Jake Streepey** was invited by Sound Medicine to record a show on balance - <http://soundmedicine.iu.edu/show/540> - Sound Medicine is a collaborative effort between the IU School of Medicine and WFYI – Indianapolis.

External Awards and Appointments

- **Dr. Lisa Angermeier** was accepted into the Future Leaders Academy (FLA) of the American School Health Association (ASHA).
- **Dr. Rafael Bahamonde** was appointed as Director of Faculty Outreach for the Louis Stokes Midwest Center of Excellence (LSMCE). The Louis Stokes Midwest Center of Excellence (LSMCE) was created in 2012 to communicate best practices, tools, and information garnered from the Louis Stokes Alliance for Minority Participation (LSAMP) consortium to a broader audience.
- **Dr. Brian Culp** was selected from a pool of prestigious applicants to become a member of the first-ever National Urban Physical Education Leadership Coalition. The Centers for Disease Control (CDC), AAHPERD/National Association for Sport and Physical Education (NASPE), and other partner organizations are leading the establishment of this coalition. The purpose of the coalition is to develop a national research, professional development, and best practice agenda for urban physical education.
- **Dr. Sotiris Hji-Avgoustis** was selected as the first faculty recipient of the Susan Buck Sutton Award for Study Abroad for his contributions creating study abroad experiences in Germany and Kenya.
- **Dr. Tony Kaleth**, was advanced to *Fellow* status in the American College of Sports Medicine (ACSM). Fellow status is reserved for those individuals who have distinguished themselves in professional achievement in research and/or service in the field of exercise science and sports medicine.
- **Ms. Maria Meschi** was named “Young Professional of the Year,” by Meeting Professionals International. This international award was bestowed upon Meschi by one of the two largest industry organizations focused on the conventions and meetings industry.
- **Dr. Rachel Swinford** served as Vice President of Indiana Association of Health, Physical Education, Recreation, and Dance (IAHPERD) Dance Council.
- **Dr. Mark Urtel** was elected to the position of Vice President of the National Association of Kinesiology in Higher Education (NAKHE).
- **Dr. Suosheng Wang** was the recipient of the Best Paper Award at the 2013 Travel and Tourism Research Association Annual Conference